



LYME DISEASE FOUNDATION

800-525-2000 24-hr Hotline 800-806-Lyme www.Lyme.org

LYME DISEASE IS



PREVENT LYME DISEASE

Check for ticks
Check your body for ticks, especially in the following areas:
• Neck
• Armpits
• Groin
• Between the legs
• In the hair

Use repellents
Use repellents that contain DEET or Picaridin.
• Repellents should be applied to exposed skin and clothing.
• Repellents should be reapplied as directed.

Check your pets
Check your pets for ticks, especially in the following areas:
• Neck
• Ears
• Between the toes
• In the hair

WHAT LYME DISEASE CAN DO...

