

Lyme Disease and the Clinical Spectrum of Antibiotic Responsive Chronic Meningoencephalomyelitis

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ABSTRACT

Intensive study of four patients with chronic meningoencephalomyelitis believed due to Lyme disease revealed seronegativity and/or variable seroreactivity and chronic persistent infection as common threads. Evaluation of these complex cases required determined study over time using all known methods (i.e., culture isolation, histologic, immuno-

histochemical, electron micrographic, direct antigen detection as well as standard serologic methods) on tissues as well as serial study of blood, cerebrospinal fluid (CSF) and urine. Prolonged intravenous antibiotic therapy conferred clinical benefit in each case and withholding of treatment resulted in clinical deterioration.

Key words: Lyme disease, meningoencephalomyelitis, persisting infection, seronegativity, *B. burgdorferi*, syphilis, multiple sclerosis, systemic lupus erythematosus

INTRODUCTION

It is commonly held that patients with late Lyme disease are almost invariably seropositive¹ and antibiotic treatment of limited duration is generally curative.²⁻⁵ However, the phenomenology of chronic neuroborreliosis has not been fully elucidated.⁶ We have encountered a significant number of patients who have been seronegative for months to years despite serious neurologic illness of long standing thought due to Lyme disease. Antibiotic treatment in these cases, while conferring benefit, has seemed unable to eradicate the infection regardless of route of administration or duration of therapy. Four such cases of chronic meningoencephalomyelitis have been extensively studied and their response to treatment carefully documented. Detailed presentation of these cases

may serve to illumine this cryptic disorder, which can be as difficult to treat as it is to diagnose.

CASE REPORTS

Case #1

A 39-year-old woman with a two-year history of progressing spastic quadraparesis, cranial nerve palsies, and persistent unexplained CSF pleocytosis was evaluated beginning in 1989. She had been diagnosed with idiopathic thrombocytopenic purpura (ITP) in 1975 and underwent splenectomy in 1976. She had lived in northern Westchester county, New York and northern California but gave no history of tick attachments or of erythema migrans.

No diagnosis was established after a year of observation and testing, and serologic studies for Lyme disease in serum and CSF were repeatedly negative. CSF examination in 1990 showed lymphocytic pleocytosis, elevated IgG, and absence of oligoclonal bands or myelin basic protein. Anticardiolipin and antinuclear antibodies were present and Raji cell assay and CIQ immune complexes were elevated. HIV and HTLV-1 antibodies were negative.

An empiric trial of intravenous antibiotic treatment with cefotaxime (CFOTX) for 21 days in April 1990 resulted in no clinical improvement and no change in CSF pleocytosis. Thereafter she was treated with 4 months of minocycline with no clinical benefit. The patient remained wheelchair-bound.

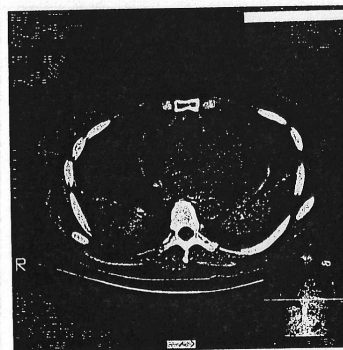


Fig 1. Case 1: Computed axial tomography of the chest showing sizable pleuropericardial effusions that developed after institution of high dose corticosteroids for the patient's "lupus-like" illness.



Fig 3. Case 1: Modified Steiner silver stain showing spirochete-compatible form within pericardial tissue (original magnification 1000x).

B. burgdorferi grew from CSF in December 1991 at which time the patient first became seropositive despite at least 4 years of clinical illness. She was treated with CFOTX (4 g IV Q 8 hrs once weekly) with complete resolution of pleocytosis after 13 weeks and constitutional symptoms improved. Despite continuation of once weekly IV therapy for 10 months, there was gradual neurologic deterioration. Intravenous antibiotics were discontinued December 1992.

Methylprednisolone sodium succinate was given intravenously, 1 g daily for 5 days, followed by prednisone

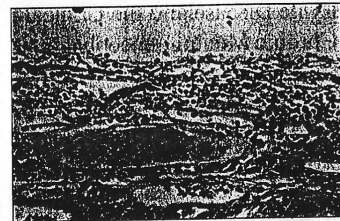


Fig 2. Case 1: Hematoxylin and eosin stain of pericardium removed when pericardial "window" was created, showing pericarditis with infiltration by plasma cells and macrophages (original magnification 400x).

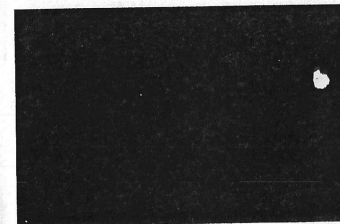


Fig 4. Case 1: Phycocerythrin stain of pericardial tissue demonstrating up-take by spirochete-compatible form (original magnification 1000x).

over a six-week period for the possibility of systemic lupus erythematosus. Pleural effusions developed within one week of starting steroids along with severe encephalopathy and debilitation. She could not remember conversations held minutes earlier and was unable to hold a cup, roll over in bed, or transfer from bed to wheelchair. Computed axial tomography of the chest revealed pleuropericardial effusions (Fig 1).

A pleuropericardial window was created for diagnostic and therapeutic purposes. Fibrinous pericarditis was present with infiltration of plasma cells and macrophages and spirochete-compatible structures were seen with modified Steiner silver and phycocerythrin stains, as well as a touch preparation (Figs 2-5).

Intravenous CFOTX 6 g daily was administered for the next 36 months with dramatic improvement of her encephalopathy. The pleuropericardial effusions improved (Fig 6). The patient was able to walk 500 feet

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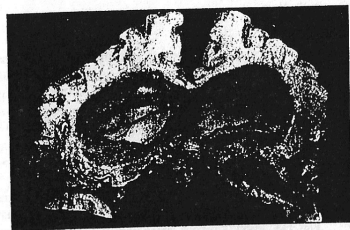


Fig 8, Case 2: Coronal section of brain at level of the temporal horns showing massive hydrocephalus at autopsy, July 1993.



Fig 9, Case 2: Floor of the fourth ventricle and brainstem viewed following removal of cerebellum, at autopsy, July 1993. Prominent ependymitis is evident.



Fig 10, Case 2: Section through cerebellar cortex overlying floor of the fourth ventricle at the foramen of Luschka, showing florid granulomatous meningoencephalitis and ependymitis [original magnification 40x].

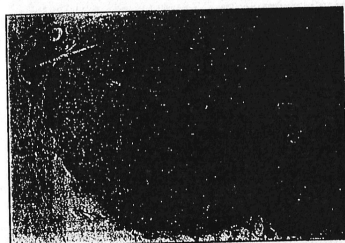


Fig 12, Case 2: Anterior quadrant of thoracic spinal cord showing meningitis and focal myelitis [original magnification 40x].

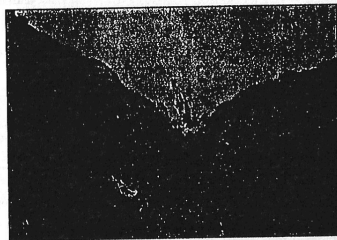


Fig 11, Case 2: Floor of the IVth ventricle showing mixed granulomatous and acute inflammation [original magnification 40x].

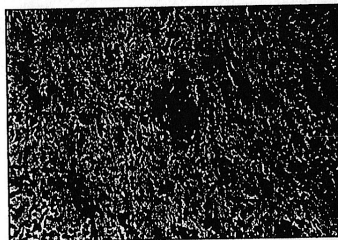


Fig 13, Case 2: Higher power view of the foramen of Luschka granulomatous inflammation showing giant cells, mononuclear cells, and polymorphonuclear leukocytes [original magnification 400x].

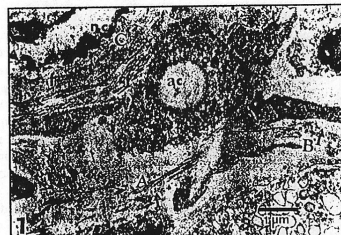


Fig 14-1, Case 2: Transmission electron microscopy of brain tissue from a formaldehyde-fixed autopsy. This cross section shows localization of dense bacteria (arrows) in collagen fibers (cf) and in fibroblast (f) near an altered capillary (ac). nc indicates the nucleus of the fibroblast. Denotation A, B, and C indicate the locations where bacterial structures were visualized [original magnification 12,500; 1 um = 12.5 nm (scale bar)].

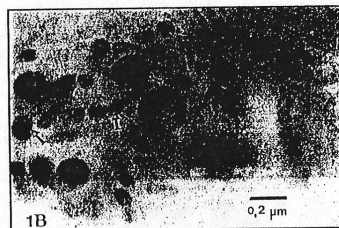


Fig 15-1B, Case 2: High magnification insert from Fig. 14, location B shows cluster of bacteria (arrows) cut in varying diameters. Some sections are from the thin longitudinal ends and some are from central 0.22 micron thick dense region of the spirochetes (arrow) [original magnification 60,400x, uranyl acetate, lead citrate].

showed massive hydrocephalus (Fig 7). Electroencephalogram revealed status epilepticus and phenobarbital was prescribed. Lyme serology was negative in one laboratory, yet positive in another. Western blot was non-diagnostic, showing only a 41 kilodalton band. CSF examination revealed the presence of oligoclonal bands without myelin basic protein and very elevated CSF IgG. Serum showed elevated CIQ immune complexes. OspA antigen capture assay in CSF was strongly positive.

The patient was given daily intravenous CFTRX for one month, then weekly CFOTX (4 g IV Q 8 hr x 3 doses) for one year, with modest improvement in his neurologic status. The patient succumbed to his disease July 1993.

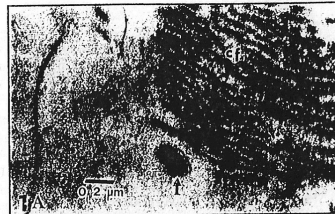


Fig 15-1A, Case 2: High magnification insert from Fig 14-1, location A. Arrow points to cross section of spirochetal bacteria-compatible structure with dense ribosomes surrounded by a surface membrane near the collagen fibers (cf) [original magnification 46,400x, uranyl acetate, lead citrate].



Fig 16-1, Case 2: View of brain section through axodendritic terminals near a blood vessel surrounded by pericytes (cp) [original magnification 3900x, formaldehyde-fixed tissues]. At the synapse (sd) the intracellular gap is increased (arrow) and there is dense extracellular material applied to the cytoplasmic side from which insert is made.



Fig 16-1A, Case 2: Insert shows some sections of dense ribosome-rich bacteria (arrow) surrounded by a neuroglial process (ap) with mitochondria (m) and by dendritic terminals (dt) [original magnification 52,000x, uranyl acetate, lead citrate].

Clinical

Table II (Case 2)

Diagnostics

Treatment

10/85 61 year old Calskill region outdoorsman develops eruption compatible with erythema migrans one thigh.

1/86 Develops unrelenting headaches, low grade fever, paresthesias, truncal instability. Evolves to progressive stroke syndrome. Diagnosis of "vasculitis" made.

Progressive neurologic deterioration

Slight improvement noted.

1988-1992 patient cared for at home. Exists at primitive level of neurologic function; dependent on others for total care.

5/92 status epilepticus; primitive emotive vocalization; slightly above vegetative state.

1988 CSF lymphocyte pleocytosis. Lyme ELISA negative.

1988 Lyme ELISA +

Winter-Spring 1986 prednisone and cytosine given

CFTRX 2 g/day IM X 14 days

5/92 CSF: WBC WNL CSF IgG 17.2 mg/dl CSF IgG synthesis rate 43.4 mg/24 hr. OCB + CSF MBP neg. CSF OspA antigen + 0.12/0.04 CSF Lyme specific immune complexes strongly + (P. Coyle); serum C1Q immune complexes + 37.5 mg AHG Egm ACLA IgG 25.9 GPL Lyme ELISA seronegative. WB negative.

5/92-6/92 CFTRX 2 g/day X 28d 7/92-6/93 "pulse" CFOTX 4 g IV Q 8 X 3 consec. doses weekly.

2/93 Lyme ELISA 150/107 WB negative C1Q immune complexes 54.4 mg AHG Egm

7/92-6/93 modest neurologic improvement corroborated by visiting nurses.

7/93 patient dies.

Autopsy: fulminant meningoencephalomyelitis and spindylitis; CSF OspA antigen + 0.87/0.04 Lyme-specific immune complexes IgG + 344/0.03 (P. Coyle); silver staining and immunohistochemistry fails to reveal any definite spirochete-compatible structures (P. Duray, M. Phillips). Bb PCR positive widely in CNS tissues; Electron microscopy reveals borrelia-compatible structures (D. Hultinska)

Autopsy revealed severe hydrocephalus (Figs 8,9) and florid meningoencephalomyelitis and endopyelitis (Figs 10-13). The CSF was positive for OspA antigen and Lyme-specific immune complexes. Spirochetes were not visualized on histopathologic and immunohistochemical study by light microscopy but borrelia-compatible structures were visualized in formalin-fixed tissues studied by electron microscopy (Figs 14-16) and brain tissue and dura mater were PCR positive for detection of *B. burgdorferi*-specific oligonucleotides (Figs 17A,B)* (Table II).

Case 3

A 37-year-old woman removed a tiny tick from her left shin in the spring of 1982 while visiting Dutchess County, New York and developed an eruption about the site that persisted for several years. Biopsy of the lesion was read as granuloma annulare. Multisystem symptomatology developed within months of the attachment including

polyarthralgia and synovitis, fatigue, headache, paresthesias, cognitive problems, and ocular disorders including pars planitis, anterior and posterior granulomatous uveitis, and retinal vasculitis.

Several Lyme ELISAs between 1982 and 1990 were negative. A short course of doxycycline in 1990 conferred some benefit. In June 1990 intravenous CFTRX 2 g/day was given for 42 days with symptomatic improvement. She was then given minocycline, 300 mg/day, for the next 2f years with progressive improvement.

In the spring of 1993 the patient used minocycline sporadically, and in the summer of 1993 she developed neurologic symptoms. MRI of the cervical spinal cord showed high intensity lesions (Fig 18). Cerebrospinal fluid examination revealed 70 cells (mostly lymphocytes) and markedly elevated protein and IgG. Oligoclonal bands were present in CSF but myelin basic protein was within normal limits. Lyme serologic tests were negative

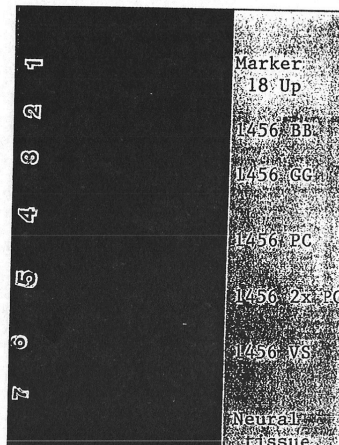


Fig 17-A, Case 2: PCR detection of *B. burgdorferi* in brain autopsy tissue. DNA mass was isolated by the DNA QIA Amp Tissue kit QIAGEN (Boehringer Mannheim) and subjected to analysis by PCR amplification using primers BB, GG, PC, VS. The reaction products were electrophoresed in 1.5% agarose gel and detected by UV transillumination after being stained with ethidium bromide. Lanes 2,3,6 did not contain PCR products with European primer sets BB, BG (for *B. garinii*), VS (for *B. afzelii*). Lane 1 contains DNA marker pUC18 Hae III digest (Sigma), lanes 4 & 5 contain PCR products amplified with primer set PC from a North American isolate.

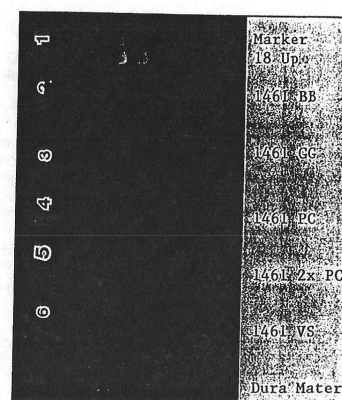


Fig 17-B, Case 2: PCR detection of *B. burgdorferi* DNA in dura mater using primers BB, GG, PC, VS, and Fla I/II. Lanes 2, 3, 4, 5, and 6 did not contain PCR products. Lanes 4 & 5 contain PCR product with primer set PC (fragment of 102 base-pairs) and lane 7 contain a specific fragment of 372 base pairs).

41 kiloDalton bands on IgG blot and July 1996 showed 20 and 34 kDa bands on IgM and 28, 34, 39, and 58 kDa bands on IgG. Lyme ELISA has been negative throughout (Table III).

Case 4

In October 1989 a 40-year-old fire captain developed optic neuritis, constitutional symptoms, and progressive neurologic symptomatology believed on clinical grounds to be multiple sclerosis. MRI of the neuraxis showed hyperintense lesions at a variety of levels. CSF examination was not performed. His condition progressively deteriorated to a wheelchair-bound status despite treatment for multiple sclerosis, including beta interferon. There was no history of deer tick attachments nor of erythema migrans but he had had a large-type tick attachment occurring in the 1970s on Parris Island, South Carolina, followed by some joint symptoms. He had spent a great deal of time in shore areas of Rhode Island, Connecticut, and Massachusetts. All Lyme serologic tests and research assays in blood and CSF were negative in September 1994 and CSF showed a pattern thought pathognomonic for multiple sclerosis.

In view of the patient's lack of response to treatment

[illegible][illegible]

aimed at multiple sclerosis, a five-month empirical treatment trial of daily CFOTX was given between the fall of 1994 and spring of 1995. The patient's neurologic status which had been progressively deteriorating, reversed. Wheelchair bound to start, the patient was able to ambulate at least 100 feet with a walker. Speech became clearer, and movements somewhat more fluid. Synovitis of ankles and knuckle joints was noted during the early phases of treatment.

Abbreviations and Normal Reference Ranges (in parentheses)
for Tables I-IV

ACLA: anticardiolipin, antibodies (IgG less than 23 GPL, IgM less than 11 MPL)
 ANA: antinuclear antibodies
 Anti-DS DNA AB: anti-double stranded desoxyribonucleic acid antibody
 CIQ immune complexes: (less than 30 micrograms AHG Eq/mL)
 CSF: cerebrospinal fluid
 CSF IgG (0.70-3.50 mg/dL)
 CSF IgG synthesis rate (0-10 mg/24 hours)
 CSF prot: CSF protein (20-45 ng/dL)
 HIV: Human immunodeficiency virus
 HTLV-1: Human T-cell lymphotropic virus
 MBP: myelin basic protein (0-5.0 micrograms/dL)
 OCB: Oligoclonal bands (absent)
 Ospa: Outer surface protein A
 Raji Cell assay: (0-50 mg AHG Eq/mL)

improvement compared to pretreatment study with a diminution in the number and size of lesions. CSF examination repeated at completion of 4 months of therapy showed disappearance of oligoclonal bands and myelin basic protein, normalization of IgG synthesis rate and CSF IgG only slightly elevated. Lyme Western blot although not fully diagnostic, showed evolution of key *B. burgdorferi*-specific bands (IgM 30, 45, 58, 93 kDa, March 1995; and IgG 39, 45, 58, April 1995) and Lyme-specific immune complexes were seen in serum for the first time (optical density 0.634; positive cut-off, greater than 0.215). OspA antigen in CSF remained negative.

While being treated with intramuscular benzathine penicillin combined with azithromycin, the patient deteriorated with loss of ability to ambulate and development of urinary and fecal incontinence.

Lumbar puncture repeated in September 1995 five months after discontinuing intravenous antibiotic therapy again showed markedly abnormal parameters indicative of multiple sclerosis including oligoclonal bands and elevated myelin basic protein, markedly elevated CSF IgG and IgG synthesis rate as well as lymphocytic meningitis.

Intravenous antibiotics were resumed. The patient regained his ability to ambulate with a walker and to control bowel and bladder. Repeat lumbar puncture March 1996 showed significant improvement in CSF parameters with disappearance of myelin basic protein, clearance of CSF pleocytosis, and decreased CSF IgG and IgG synthesis rate. Lyme-specific IgM immune complexes were detected in CSF (Table IV).

DISCUSSION

Seronegativity implies failure of detection of infection by the patient's immune defense and also masks the infection from recognition by the patient's physician. This may set the stage for the development of more serious neurologic or other systemic illness. Dattwyler et al showed that early application of antibiotic therapy may blunt the development of an antibody response.⁸ Schutzer has shown that free antibodies may not be demonstrated unless methods to dissociate circulating immune complexes are used.⁹ T-cell anergy may be another mechanism to explain both seronegativity and chronic persistent infection.¹⁰ Recently, it has been found in *in vitro* experiments that *B. burgdorferi* may target, invade, and destroy human B- and T-lymphocytes and may even steal lymphocyte cell membrane.¹¹

Analogous to the situation in leprosy,¹² there may be two clinical subsets of patients with Lyme disease defined by the host immune response. Both T- and B-cell deficiencies occurring in the seronegative subset may predispose to expression of more serious illness, as with lepromatous leprosy, and chronic persistent infection. The seropositive subset may resemble tuberculoid leprosy where the severity of illness is limited by the more effective host immune response. Other mechanisms, which may explain survival of borreliae despite antibiotic treatment include intracellularly^{13,14} and the adoption of spheroplast-L forms to evade the lethal effect of cell wall-acting antibiotics.¹⁵

Case 1 showed clinical illness for at least four years prior to proof of diagnosis. Compelling laboratory evidence for chronic persistent infection was developed numerous times throughout her course including culture, demonstration of spirochetal-compatible forms in pericardial biopsy, and repeated PCR positivity all despite prior and sometimes very prolonged intravenous antibiotics. Weekly treatment with CFOTX was apparently not adequate to control the infection in her case. Maximal improvement was seen only after 6 months of daily intravenous antibiotic therapy, but the patient had suffered a degree of irreversible neurologic injury, and had relapses whenever treatment was discontinued.

This patient showed many markers suggesting lupus including positive ANAs, anticardiolipin antibodies, circulating immune complexes, and at one point even the presence of anti-double stranded DNA antibodies. Whether she suffered from a pre-existing connective tissue disease or the autoimmune she evidenced was merely an epiphenomenon associated with chronic borrelial infection is unclear. However, treatment for systemic lupus erythematosus with corticosteroids resulted in severe clinical deterioration, whereas intensive antibiotic treatment reversed this situation and achieved dramatic improvement.



Fig 18. Case 3: MRI of cervical spine showing high intensity lesion within the cord in Case 3.

That her borrelial isolate showed resemblance to strains from the West Coast of the United States on pulse-gel electrophoresis, and that she had lived in California for a few years prior to the development of her ITP makes one wonder whether borrelial infection may have caused her ITP. One attempt to identify *B. burgdorferi*-specific DNA in tissue in paraffin blocks from the patient's splenectomy was negative, however. Her case prompts speculation on the possible role of borrelial infection in other autoimmune disorders previously thought to be idiopathic.^{16,17}

Case 2 demonstrates the devastating potential of unrecognized and untreated borrelial infection in genetically susceptible hosts and the disastrous consequences of applying immunosuppressive therapy in cases of unrecognized borrelial infection. CNS damage was very far advanced by the time the diagnosis was finally made; however, there was still some antibiotic responsiveness. The false teaching that patients with late Lyme disease are almost invariably seropositive led the physicians caring for this patient away from the correct (and treatable) diagnosis.

Case 3 had a clear clinical history indicating Lyme disease. Despite intensive study-laboratory corroboration for the diagnosis could not be obtained for some 13 years. A prior six-week course of intravenous CFOTX did not prevent the development of meningoradiculomyelitis. An eight-month course of intravenous CFOTX was required to resolve disturbed CSF parameters. Lyme-specific immune complexes were demonstrable in the final three of five cerebrospinal fluid examinations and key Lyme disease-compatible bands finally developed on Western blot in serum thereafter. She has been seronegative by ELISA throughout, calling into serious question the validity of using this assay alone as a screening test.

Case 4 demonstrates how closely neuroborreliosis can mimic multiple sclerosis. Given now that seronegativity occurs in Lyme disease, distinguishing the two disorders may be a daunting task. The patient showed resolution of markers thought to be pathognomonic for multiple sclerosis in CSF along with clinical improvement following intensive intravenous antibiotic treatment. Relapse of abnormal CSF findings and of neurologic signs occurred with suspension of intensive treatment. Resolution again followed a second course of intravenous therapy. This case suggests that neuroborreliosis may be misdiagnosed as multiple sclerosis.^{18,19}

On the other hand, a significant body of research data has been developed in pre-World War II Germany suggesting a relationship between spirochetal infection and multiple sclerosis.^{20,21} Steiner averred that the *Spirocheta myelophthora* he visualized morphologically resembled borreliae rather than treponemes.²² Additional studies using modern direct antigen detection techniques should be conducted to re-examine a potential relationship between borrelial infection and multiple sclerosis.

That borrelial infection may result in multiple sclerosis-like illness following months to years of clinical latency and without occurrence of erythema migrans ought to be taken into account in decisions on antibiotic prophylaxis for recognized ixodid tick attachments.²³⁻²⁵

CONCLUSION

Chronic persistent infection and seronegativity are not without precedent in spirochetal disease and are now well accepted phenomena in syphilis. Prolonged and combina-

tion antibiotic therapy are being utilized by an increasing number of clinicians to attempt to avert progressive neurosyphilis.²⁶ The hypothesis has been proposed that syphilis may not be a curable infection in the sense of total bacterial eradication with available treatment approaches.²⁷

Relapses following use of potent antibiotics and detection of the Lyme organism or its DNA following treatment likewise demonstrates an inability to completely eradicate the pathogen and permanently halt the pathologic process with current methods of treatment in some patients.^{28,29} This is a problematic situation because intensive antibiotic treatment is costly, is inconvenient, and carries associated risk for the patient.⁴⁸ Such antibiotic usage may foster the emergence of strains of other types of bacteria resistant to the antibiotics employed and thus has public health implications. For some patients, however, this may be the only presently available alternative to progressive neurologic deterioration.^{38,39} In view of this dilemma, the international biomedical research community must give high priority to the development of improved and/or alternate methods of treatment that can definitively cure persisting borrelial infections responsible for neurologic and other manifestations of chronic Lyme disease.

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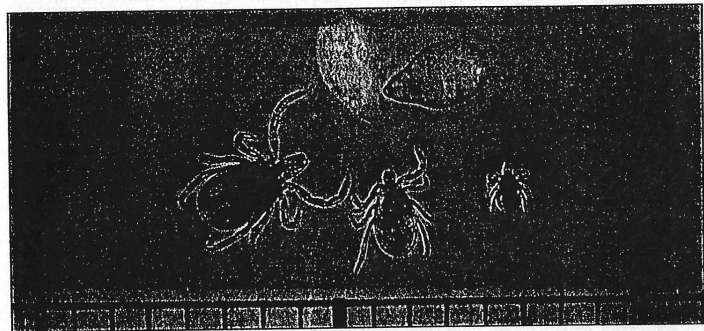
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Ixodes scapularis (black legged tick): female, male, and nymph (left to right) compared to Sesame seeds. (above)



Ixodes scapularis mating adults: female below ventral side facing up and male above dorsal side facing up. Background squares = 1mm per side.

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