

Appendix V

SCHOOL TRIP LETTER

This sample is based on an actual letter issued by the Tolland Public Schools to let parents properly prepare their children for field trips. The school system makes sure their nurse and faculty are fully educated about ticks and conduct tick checks when children return to school. And when they go on trips, the teachers take a tick kit and are aware of proper tick removal. I let my daughter go on this field trip. She knows about ticks, tick checks, proper removal, and to get adult help if she finds a tick on herself or another child.

(date)

Dear Parents:

On _____, we will go on a trip to _____.
(date and date) (place)

The children will spend the day exploring insects, nature trails, and playing in water areas.

We will go on this trip rain or shine. Please have your child dress accordingly. Children should wear casual clothing. Good walking shoes (no sandals) are suggested.

This area may have mosquitoes or ticks. So, we suggest your child wear long pants and socks (weather permitting) so that children can tuck their pant legs into the socks to protect themselves from ticks. A long-sleeved shirt tucked into their pants will provide further protection. They should have light-colored clothing, so the ticks can be more easily seen. If it is a hot day, then short-sleeved shirt and shorts can be worn at your discretion. However, instruct your child to occasionally check their skin for small bugs and if they find anything, to let the teacher know.

If you would like to have your child wear bug repellent, please apply it at home. _____
not send this to school. (Do, Do not)

We will eat lunch at _____. Pack a bag lunch and a disposable
(location, school, park, etc.)
(non-glass) drink container.

We will return to school by _____ pm. In event of rain or extreme heat, students can
(time)
bring a change of clothes or rain gear.

If you have any questions, please contact _____
(name)
at _____
(phone, email)

Signed,

For more information contact the Lyme Disease Foundation, One Financial Plaza,
Hartford, CT 06084 860-525-2000